



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	A choice of toast, pastries, or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
SNACK	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
LUNCH	Eggless vegetable muffin	Pitta and cheese	Tomato pasta	Savoury pancakes with cheese and spinach filling	Potato cakes with beans
DINNER	Veggie Sausage and mash with mixed vegetables	Pesto pasta with garlic bread	Mexican rice with kidney beans and sweetcorn	Vegetarian curry with rice/chapati/naan	Pizza with garlic bread

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
SNACK	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
LUNCH	Curried Beans on toast	Tomato and cheese crumpets	Savoury puff pastry pinwheels	Cheese sandwich/roll	Macaroni cheese with vegetables
DINNER	Mushroom, crème fraiche and pea risotto	Mediterranean vegetable stew with vegetarian dumplings	Lentil pasta bolognese	Veggie curry with rice/chapati/naan	Veggie fingers with chips

ALL MEALS ARE SERVED WITH FRESH FRUIT/VEGETABLES. FRESH WATER IS AVAILABLE TO ALL CHILDREN THROUGHOUT THE DAY AND WITH EVERY MEAL.

These meals run term-time only and whilst we do our best to always follow the menu, there are times that we may change them slightly during the week.

During Half term, we will continue to provide quality healthy vegetarian food, but we may not follow this menu. All food will be recorded in your child's daily notes.



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
SNACK	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
LUNCH	Cheese and sweetcorn quesadilla	Homemade Tomato soup and toast	Cheese crumpet with beans	Cheddar and cream cheese bagel	Spaghetti hoops on toast
DINNER	Vegetable fried rice	Potato and chickpea curry in pitta	Creamy mushroom and pea spaghetti	Roasted cauliflower pilaf with peas and green beans.	Pizza with garlic bread

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
SNACK	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
LUNCH	Tomato pasta	Homemade Vegetable soup	Beans on toast	Veggie noodles	Tomato pesto, cucumber and pasta salad
DINNER	Vegetarian curry with rice/chapati/naan	Sweet Quorn mince with rice and peas	Veggie sausage, roasted pepper and hummus wrap with plain pasta.	Chilli non-carne with rice	Pitta pizza pockets with homemade wedges

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During Half term, we will continue to provide quality healthy vegetarian food, but we may not follow this menu. All food will be recorded in your child's daily notes.