



<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	A choice of toast, pastries, or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
<b>SNACK</b>	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
<b>LUNCH</b>	Eggless vegetable muffin	Pitta and cheese	Tomato pasta	Savoury pancakes with bechamel and spinach filling	Potato cakes with beans
<b>DINNER</b>	Veggie Sausage and mash with mixed vegetables	Pesto pasta with garlic bread	Pineapple and vegetable teriyaki fried rice	Vegetarian curry with rice/chapati/naan	Pizza with garlic bread

<b>WEEK 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
<b>SNACK</b>	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
<b>LUNCH</b>	Beans on toast	Pizza crumpets	Savoury pizza pinwheels	Cheese sandwich/roll	Pasta salad with cream cheese and vegetables
<b>DINNER</b>	Loaded Mexican wedges	Mediterranean vegetable stew with rice	Vegetarian pasta bolognaise	Veggie curry with rice/chapati/naan	Veggie fingers with chips

ALL MEALS ARE SERVED WITH FRESH FRUIT/VEGETABLES. FRESH WATER IS AVAILABLE TO ALL CHILDREN THROUGHOUT THE DAY AND WITH EVERY MEAL.

These meals run term-time only and whilst we do our best to always follow the menu, there are times that we may change them slightly during the week.

During Half term, we will continue to provide quality healthy vegetarian food, but we may not follow this menu. All food will be recorded in your child's daily notes.



<b>WEEK 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
<b>SNACK</b>	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
<b>LUNCH</b>	Cheese and sweetcorn quesadilla	Homemade Tomato soup and toast	Cheese crumpet with beans	Cheddar and cream cheese bagel	Spaghetti hoops on toast
<b>DINNER</b>	Vegetable fried rice	Sweet chilli chickpeas in pitta	Spaghetti pomodoro	Sweet and sour quorn pieces with rice	Pizza with garlic bread

<b>WEEK 4</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b>	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal	A choice of toast, pastries or cereal
<b>SNACK</b>	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack	Fruit or vegetable with a sweet or savoury snack
<b>LUNCH</b>	Tomato pasta	Homemade Vegetable soup	Beans on toast	Veggie noodles	Tomato pesto, cucumber and Rice salad
<b>DINNER</b>	Vegetarian curry with rice/chapati/naan	Sweet Quorn mince with rice and peas	Coconut dhal with pitta	Chilli non-carne with rice	Sausage chips and beans

ALL MEALS ARE SERVED WITH FRESH FRUIT/VEGETABLES. FRESH WATER IS AVAILABLE TO ALL CHILDREN THROUGHOUT THE DAY AND WITH EVERY MEAL.

These meals run term-time only and whilst we do our best to always follow the menu, there are times that we may change them slightly during the week.

During Half term, we will continue to provide quality healthy vegetarian food, but we may not follow this menu. All food will be recorded in your child's daily notes.